THE VOICE

Of The Enlisted

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The VOICE

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Magazine Staff

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The magazine staff can be reached by email at editor@trea.org. Editor-in-Chief, Kim DeCoste.

Creative Director/Graphic Designer, Gabriela Schechter.

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Please send all written communication to TREA Headquarters at 12200 E Briarwood Ave, Suite 250 Centennial, CO 80112

Submissions

The VOICE accepts articles and photographs on a continual basis, but does not pay for submissions. Please send all articles and photos via email to editor@trea.org or by mail to 12200 Briarwood Ave, Suite 250, Centennial, CO 80112. There is no guarantee that all submissions will be published. Photos must be high quality in order to be printed in the magazine. Low quality photos will not be printed. One dollar of member's annual TREA membership dues pays for an annual subscription.

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By their appearance, ads must not imply or infer any kind of TREA representation, warranty, or endorsement. For ad rates and a media kit, please email us at editor@trea.org or call 303-752-0660.

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FROM THE EDITOR

By Kim DeCoste

Dear TREA Readers,

Who would have guessed back in January as we worked on the last issue of The VOICE the situation in which we find ourselves now? It is a challenging and unsettling time right now for sure. We hope that in the midst of all that is around us, finding The VOICE in your mailbox brings you some comfort and some assurance that you can still count on us even during the tough times. Personally,

when we began working for you as a company, we were honored to have the contract with TREA. That was my son's freshman year in high school. Now as he is faced with the end of his "senior year" it is a different world.

We are all figuring life out day by day and it is uncomfortable. Please stay safe and well and we look forward to future issues. God bless you and God bless America.

Thank you for your service and for the opportunity to serve you!

The Editorial Team Kim & Gabriela

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LETTER FROM THE PRESIDENT

by Philip Hilinski, TREA National President

Hello Fellow Members

Let me start by addressing TREA and the outbreak of the coronavirus that is hitting the United States. Although the situation changes daily, we will do our best to keep our members informed. I have started a section on the TREA Website, on the homepage that is titled "National President, Phil Hilinski' that will allow me to post new and updated information. Please check this link regularly so you have the latest information. I have asked our Washington Office to also post my information on our social media

platforms. Our Deputy Director of Veterans and Military Policy, Bill McCabe, will take the lead on this. The Washington Office provides us with important updates from D.C. as well as around the Country. Most of the TREA Board Members receive information highlighted by Director of Veterans and Military Policy, Ken Greenberg, concerning the reports from Washington, DOD, VA and other government organizations, as well as notable articles from around the Country and overseas. There are weekly updates published in the TREA Washington Update which focuses on important events and information you need to know. If you do not receive the Washington Update, please contact HQ to provide them with a trusted e-mail.

Now on to the TREA events. TREA, like last year, submitted written testimony to the House and Senate Veterans Affairs Committees. The testimony outlined TREA's legislative and policy priorities for 2020 on VA and DOD related issues. Next, the TREA Board will save costs by doing the Annual Mid-Term via teleconferencing. Again, this will prevent unnecessary travel while still allowing us to accomplish our mission. On a side note, TREA has been experimenting with videoconferencing; and if successful, will request a Bylaw change for authorized meetings. The current COVID-19 virus is being closely monitored by the Military District of Washington (MDW). This is the group responsible for coordinating the events that take place for the Memorial Day celebration at Arlington. TREA understands MDW is carefully monitoring the situation and working with the Centers for Disease Control. TREA is waiting for word from the MDW on the schedule of events and will work within the guidelines provided by them. Finally, the TREA Annual Membership Meeting in Sept-2020 is being monitored closely. Our goal is to provide the TREA membership a forum for dialogue. discussion, and participation, while ensuring the health and safety of everyone involved. The current state of the country, and the world in regards to the restrictions brought on by COVID-19 remain an ever-present concern. The TREA BOD is working closely with the committees and the hotel in regards to how to move forward in the best interest of the total TREA Membership. Adjustments may need to be made if the situation continues to warrant it. It is important that you take the time to check out the TREA website (www.trea.org) and other TREA social outlets on a regular basis for updates and changes. Read more about the Annual Membership Meeting on Page 28.

One area we are moving forward with is the online and mail-in voting for all TREA Members. The new voting process not only gives ALL TREA Members a voice in the elections and BL/SR changes, but we can cut down on the time at the Annual Membership Meeting. There is more information on page 26 of this issue of The VOICE, but I will give you the basics. Online voting is the fastest and more accurate way of voting. We have been doing some testing, so we want everyone to participate. If you think you are having a problem with the new system, do not vote a second time; call HQ and we will ensure the issue is resolved. If you want to mail in your ballot, the mail-in option will be in the VOICE. Only a condensed version of the Bylaw/Standing Rule changes will be in written form for the Voice; the full version will be on the TREA Website. This is the first time in TREA history that all members have a say in the future of TREA, so let your voice be heard.

Remember to check on each other, especially family members. My best wishes go out to all of you and your families.

NP Phil





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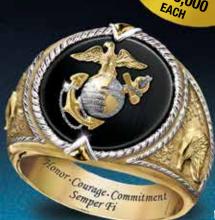
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A NOTE FROM THE 2VP AND PR COMMITTEE CHAIRMAN

Greg Barnett



TREA: The Enlisted Association – What have you done for us lately? We are rolling out of the cold and snowy winter into our spring/summer of 2020. It's time to check on your TREA uniform. If you don't have one please get one and be ready to represent TREA: The Enlisted Association at your upcoming local military events; Memorial Day, Fourth of July and our Retired Appreciation Days. Dates and events will be coming soon and posted on our www.trea.org website concerning our RAD's. Always remember that you are representing TREA: The Enlisted Association. We want to look sharp and professional. Our Standing Rules and By-Laws covers the wearing of our uniforms. You can find a copy of the Bylaws and Standing Rules on our website. If you need help locating them, please call or email our headquarter staff.

(treahg@trea.org / 303-752-0660).

We recently had the opportunity to go to San Diego, CA in anticipation of our upcoming Membership Meeting in September. It was amazing to go to an area of the country that has such a large population of military personnel; active duty, reservists, retired, veterans and spouses. What was difficult to hear was that no one that we spoke to had ever heard of our organization. We have areas like this throughout the country that we need to reach, it all begins with each one of us.

If we have TREA members who are currently active in your local and state legislative efforts, please email us so we can coordinate our efforts and help the areas which can use the help. We are going to add to our website a tab for local legislative activities. We need you to tell us what your state is doing on behalf of veterans. What bills are your representative bringing forth, who is supporting them, and how can TREA be involved - at the local level. What starts in one state can quickly grow to encompass the entire country.

We as an organization, must not only focus on our legislation's obligations in Washington, but in our state and local government as well. This allows us to fulfill our commitment to our organizational mission. Most areas across our country have local Veterans Service Organization groups that service the community/county. TREA can be part of this group to help fight for veterans' rights and benefits at the state and local levels. This can lead to enhanced job opportunities for veterans, health and education programs that our veterans need and the overall acknowledgment of the sacrifice that all veterans have made through their service to this great country. As our numbers decline, a real problem amongst all VSO's, we must be able to unite and partner with each other and support the efforts of all VSO's to continue our mission to stop the erosion of our earned benefits through our legislative efforts, and to make a way for a better quality of life for our veterans.

UNITED WE STAND

Leading Pill for Bouts of Reflux Becomes an Anti-**Aging Phenomenon**

Scientific studies show breakthrough acid reflux treatment also helps maintain vital health and helps protect users from the serious conditions that accompany aging such as fatigue and poor cardiovascular health

Seattle, WA - A published study on a leading acid reflux ingredient shows that its key ingredient improves digestive health while maintaining health levels of inflammation that contributes to premature aging in men and women.

a product's effectiveness, this 'acid reflux pill is both safe and healthy. There are also no known turned anti-aging phenomenon' is nothing short of a miracle.

Sold under the brand name AloeCure®, its ingredient was already backed by research showing its ability to neutralize acid levels and hold them down for long lasting day and night relief from bouts of heartburn and, acid reflux, gas, bloating, and more.

But soon doctors started reporting some incredible results...

"With AloeCure, my patients started reporting, better sleep, more energy, stronger immune systems... even less stress and better skin, hair, and nails" explains Dr. Liza Leal; a leading integrative health specialist and company spokesperson.

AloeCure contains an active ingredient that helps improve digestion by acting as a natural acid-buffer that improves the pH balance of your stomach.

Scientists now believe that this acid imbalance could be a major contributing factor to painful inflammation throughout the rest of the body.

The daily allowance of AloeCure has shown to calm this inflammation through immune system Completely gone. I can say AloeCure is a miracle. adjustments which is why AloeCure is so effec-

Relieving other stressful symptoms related to GI health like pain, bloating, fatigue, cramping, acid overproduction, and nausea.

Now, backed with new scientific studies, AloeCure is being doctor recommended to help improve digestion, and even reduce the appearance of wrinkles - helping patients look and feel decades younger.

FIX YOUR GUT & FIGHT INFLAMMATION

Since hitting the market, sales for AloeCure have taken off and there are some very good reasons why.

To start, the clinical studies have been impressive. Virtually all participants taking it reported stunning improvement in digestive symptoms including bouts of heartburn.

Users can also experience higher energy levels and endurance, relief from chronic discomfort and better sleep, healthier looking skin, hair, and nails.



and inflammation that can wreak havoc on the human body. Doctors say this is why AloeCure works on so many aspects of your health.

AloeCure's active ingredient is made from the And, if consumer sales are any indication of famous healing compound found in Aloe Vera. It side effects.

> Scientists believe that it helps improve digestive by acting as a natural acid-buffer that improves the pH balance of your stomach and helps the immune system maintain healthy functions.

> Research has shown that this acid imbalance contributes to painful inflammation throughout your entire body and is why AloeCure seems to be so effective.

EXCITING RESULTS FROM PATIENTS

To date millions of bottles of AloeCure have been sold, and the community seeking non-pharma therapy for their GI health continues to grow.

According to Dr. Leal, her patients are absolutely thrilled with their results and are often shocked by how fast it works.

"For the first time in years, they are free from concerns about their digestion and almost every other aspect of their health," says Dr. Leal, "and I recommend it to everyone who wants to improve GI health before considering drugs, surgery, or OTC medications."

"All the problems with my stomach are gone. It's a miracle." Another user turned spokesperson said, "I started to notice a difference because I was sleeping through the night and that was great. AloeCure does work for me. It's made a huge difference."

With so much positive feedback, it's easy to see why the community of believers is growing and sales for the new pill are soaring.

THE SCIENCE BEHIND ALOECURE

AloeCure is a pill that's taken just once daily. The pill is small. Easy to swallow. There are no harmful side effects and it does not require a pre-

The active ingredient is a rare Aloe Vera component known as acemannan.

Millions spent in developing a proprietary process for extracting acemannan resulted in the highest quality, most bio-available levels of acemannan known to exist, and it's made from organic aloe.

According to Dr. Leal and leading experts, improving the pH balance of your stomach and re-

A healthy gut is the key to a reducing swelling storing gut health is the key to revitalizing your entire body.

> When your digestive system isn't healthy, it causes unwanted stress on your immune system, which results in inflammation in the rest of the

> The recommended daily allowance of acemannan in AloeCure has been proven to support digestive health and manage painful inflammation through immune system adjustments without side effects or drugs.

> This would explain why so many users are experiencing impressive results so quickly.

REVITALIZE YOUR ENTIRE BODY

With daily use, AloeCure helps users look and feel decades younger and defend against some of the painful inflammation that accompanies aging and can make life hard.

By buffering stomach acid and restoring gut health, AloeCure's ingredient maintains healthy immune system function to combat painful inflammation...reduce the appearance of winkles and help strengthen hair and nails ... maintains healthy cholesterol and oxidative stress... improves sleep and energy.... and supports brain function by way of gut biome... without side effects or expense.

Readers can now reclaim their energy, vitality, and youth regardless of age.

AloeCure Taken Daily

- Helps End Digestion Nightmares
- Reduces appearance of Wrinkles and **Increases Elasticity**
- Supports Healthy Immune System

HOW TO GET ALOECURE

This is the official nationwide release of the new AloeCure pill in the United States. And so, the company is offering our readers up to 3 FREE bottles with their order.

This special give-away is available for the next 48-hours only. All you have to do is call TOLL-FREE 1-800-591-2946 and provide the operator with the Free Bottle Approval Code: AC100. The company will do the rest.

Important: Due to AloeCure's re- cent media exposure, phone lines are often busy. If you call and do not immediately get through, please be patient and call back. Those who miss the 48hour deadline may lose out on this free bottle offer.



NOMINATIONS FOR THE NATIONAL BOARD POSITIONS - 2020

All seats on the TREA National Board are up for election at this years' Annual Membership Meeting.

They are: President, 1st Vice, 2nd Vice, 3rd Vice, Treasurer and two Directors. All positions are for a twoyear term.

If you are interested in running for a position, please refer to TREA Bylaws, Article V - IX (pages 6 – 14) and Standing Rule 2 for information on the structure and description of the board and details on the duties and responsibilities of each position.

If you are qualified for a position, and would like to submit a resume, please fill out TREA Form #100-3 (this form can be found on the TREA website - www.trea.org - under Resources - Forms & Documents, or by calling the office at 303-752-0660). This completed form must be received at TREA Headquarters by 5 PM on June 15th, 2020. Any resume received incomplete or after the deadline will not be accepted. There can be no exceptions to this.

All resumes for all positions will be published in the August 2020 VOICE magazine. Voting will take place by mail-in ballot, on-line voting, or in person at the Annual Membership Meeting (during registration).

The Summer issue of The VOICE magazine will have detailed instructions on the new voting process. If you have any questions, you can reach out to any Headquarter staff member or contact the Credentials & Nominating Committee Chair, CD Rice at directorrice@trea.org.

OUR MISSION

Who we are

Our purpose – to be the professional military organization of choice for all enlisted personnel, veterans, their families and grandchildren.

Our promise – to lead the fight to enhance the quality of life for all enlisted personnel of the uniformed services, veterans, their families and survivors. To stop the erosion of earned benefits through our legislative efforts, maintain our esprit de corps, dedication and patriotism and to promote devotion and allegiance to God and Country.

Our Guiding Principles – What We Live By – TREA's Guiding principles include these eight important elements

- 1. Promote love of God, our Country and the flag;
- 2. Support the honor and integrity of our country and constitution;
- 3. Advocate for military forces adequate to the defense of our country;
- 4. Promote the integrity and prestige of uniformed services;
- 5. Promote fraternal relations between all branches of the military services of the United States of America:
- 6. Promote and support the education of children of service personnel;
- 7. Aid service members, veterans and their families in need according to our principles and ability;
- 8. Remember, the welfare of our members and the enlisted community comes first!



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COVID-19 AND TREA

Deb Oelschig, Treasurer



My goal in this article is to try to put your minds at ease – at least a little bit.

Yes, COVID-19 is having a terrible financial impact on the country – and the world. TREA is not immune to this effect, but we are working hard to be diligent in our spending, thoughtful in our planning, and transparent in our actions.

I am working closely with Director for Operations Osborne to ensure that every effort is being made to stay informed and vigilant. We have already applied for the CARES Act which could potentially provide TREA with a forgivable loan that would provide the much-needed financial resources to continue to take care of

our loyal and devoted staff. While companies and organizations throughout the country are laying off staff and decreasing hours, TREA remains committed to those who are on the front line and work so effortlessly for the organization and for you. This loan will also provide the funds to ensure that our rental obligation to the Washington and Headquarter Offices are not affected.

We are attending weekly informational seminars on how COVID-19 impacts businesses, staff, operations, and finances.

These are not easy times – fundraising has all but stopped, schools have had to cancel their award ceremonies, affecting the sales of our JROTC medals, and members are afraid to travel, thus effecting our Annual Membership Meeting in September. It's crunch time for TREA, but we are not alone. The world is fighting this fight right alongside us – and we will come out better, stronger and perhaps a bit wiser. You don't always know what you are capable of until you have no choice but to simply do it. And doing it, we are.

Along with all the concern and uncertainty, there has been positivity and support. I see it on the news as neighbors shop for neighbors who are convalescent and housebound. I hear it every day as strangers offer to sew and provide masks for those in need. I see it in the way that stores, restaurants and the community have rallied together. Perhaps the good thing that COVID-19 has done is to teach us that together we are stronger than we are when we stand alone.

Let's all agree to stand together, not just today through this health concern, but always – to make tomorrow better for TREA, for you, for everyone.

Stay well and know that TREA is still working hard to protect your benefits and ensure a better tomorrow for all veterans.

God Bless!



FROM THE 3RD VICE AND IT CHAIRMAN

Walt Coley



For strategic planning, we are getting some excellent outside advice which should help your Board of Directors focus on a vision of a bright future. I'm going to try to explain what we need, what the founders had that made this organization the success it was in the past – the big vision that shapes the entire organization. I call it the "Big Shiney". It's the benefit that all our efforts are focused toward. Part of that is a comprehensive Veteran Service Officer (VSO) program. This helps our brothers and sisters get the care and services they need. Another part is a Legislative Affairs Office pushing our goals and publicizing our successes. Chapters are critical as focal points and information conduits to LAO and Headquarters. The third part is YOU, the member. Your ideas, creativity and support are critical, because that's where our real strength is. There is no TREA without you.

A word about spending: We will need to spend money to move us forward. Spending as part of a well thought out plan is good; Spending money just because we always did it that way, without an analysis showing the old ways still work is bad. TREA will have to evolve to get to the future... there have been and will be hard choices and decisions.

For IT, the contract for our voting system is in place and the contractor working with staff to make the process as seamless as possible. There will be hiccups – but we have the vendor's experience and diligence to do this right. Watch for instructions! We are working to adopt as much technology as we can to save money and increase our effectiveness. I'm pushing this because our future demands I advocate. We need to present what we are doing faster and smarter. This will be an area where the IT Committee will put forth a budget toward a solution to fix this issue. If you have suggestions, or want a voice in the solution, contact me at 3rdvice@trea.org.

One more thing, if you are considering a run for the board, please understand that there is a lot of work to do. If you have Business, Computer proficiency, or Social Media experience, please consider this as an opportunity to serve. Because United We Stand!

MEMORIAL DAY - IT'S MORE

Debbie Osborne, Director for Operations



Memorial Day is a day of reflection, a day to remember, honor and mourn the tens of thousands of service men and women who made the ultimate sacrifice for our freedom.

This year, due to the COVID-19 outbreak, many of us will not be able to celebrate this special day as we have in the past – with picnics, BBQ's, parties, parades, special events or perhaps yearly trips to a local cemetery.

The absence of these festivities should in no way take away from the fact that over 949,600 service members lost their lives fighting for our freedom.

I urge all TREA members to reflect on the enormity of this and to offer a moment of silence and respect to your fallen comrades.



CAREFUL - NOT EVERYTHING IS AS GOOD AS IT SOUNDS

Debbie Osborne, Director for Operations

In the last issue of THE VOICE, I wrote about being careful and knowing that the e-mails you respond to are legit. I stated that all official TREA emails will have the 'trea.org' domain. If you receive an email from any TREA board or staff member that comes to you from any other domain, other than 'trea.org' do not respond. Scammers have gotten very good and their fraudulent e-mails are hard to decipher from real ones. The easiest and always effective way is to ensure it comes from a 'trea.org' ending.

With that in mind, scammers are at it again – this time using the two biggest issues in the country right now.

- 1. The COVID-19 virus, and
- 2. The economic stimulus payout

Millions of dollars have already been lost by unsuspecting victims of these schemes. The first scam is a fake e-mail set up to look like it is coming from well-known, official organizations such as The American Legion or The Red Cross. This email is asking you to send gift cards to them for disbursement to veterans who are isolated or in guarantine due to the COVID-19 virus. If you receive one of these emails, do NOT respond, delete it immediately.

The second scam that has gained momentum is an email supposedly from the IRS asking for your bank information so that they can deposit your stimulus check. NEVER give your bank information to anyone who calls you. Period.

If you think you have been a victim of e-mail fraud, notify your bank immediately, if you contact them in time, they might be able to provide assistance and/or recourse to help you get your money back. The best solution is to be aware and to know the signs of a scam:

- 1. They will ask for personal information. Never, never, never give any personal information (bank accounts, birthdates, SSN) to anyone who calls you. If you made the call, then you are OK because you know who you called and you know they are who they say they are – but never give it to someone who calls you.
- 2. The request is usually for gift cards or Western Union transfers. There are no non-profits that are currently asking for gift cards. If you want to help out, and much help is certainly needed right now, take the time to contact the main office or headquarters of the organization you wish to donate to. You made the call, so you know it's good and they will be more than happy to tell you how you can help out.

THE FIRST 'TREA DAY' WAS A SUCCESS - THANKS TO YOU!

Debbie Osborne, Director for Operations

A special thank you to all the chapters and Members-at-Large who participated in recognizing TREA for 57 years of support and service to enlisted servicemembers.

We had reports of pizza parties, coffee meet-ups, and friends toasting - lots of great ways to show your appreciation and acknowledgment of TREA's 57 years in the fight to protect the earned benefits of all enlisted members of the armed forces.

TREA is only as good as the members we have behind us. Thank you for showing you care and that TREA matters to you.





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NEWS & UPDATES FROM OUR WASHINGTON OFFICE



Ken Greenberg Director of Veterans & Military Policy Bill McCabe Deputy Director of Veterans & Military Policy



Coronavirus (COVID-19) -

(Information as of April 6th) -- TREA continues to work with Congress, VA and DOD on the Coronavirus (COVID-19) issue with circumstances constantly changing. As a resource to Members, TREA is providing website links to VA, DOD and the Centers for Disease Control. Members are encouraged to check the TREA Facebook account at @TheEnlistedAssn and Twitter account at @TREA DC for the most updated details. The TREA Home Page and Legislative tab also provides valuable content on COVID-19 efforts to keep veterans and active duty members and families informed.

If you are a veteran and seek information about VA/VHA you can get answers about coronavirus and how VA is responding, by visiting VA's Coronavirus FAQs page

https://www.va.gov/coronavirus-veteran-frquently-asked-questions/ https://www.publichealth.va.gov/n-coronavirus/ to read VA's public health response.

If you have symptoms of fever, cough and shortness of breath, call your VA medical center before going to a clinic, urgent care, or emergency room. Calling first helps VA protect you, medical staff, and other patients.

VBA continues to provide its full range of services despise being closed to in person meetings. See https://benefits.va.gov.benefits/

National Cemetery status can be found at:

https://www.blogs.va.gov/VAntage/72854/va-national-cemeteries-adjusts-operatingresponse-vcovid-10/. For more information, contact NCA at 202-891-9987. Veterans can call the National Cemetery Scheduling Office at 800-535-1117 or https://www.va.gov/burials-memorials/schedule-a-burial/.

For updates about coronavirus, visit the Centers for Disease Control (CDC), www.cdc.gov

If you are active duty or use DOD services, please visit https://www.defense.gov/Explore/Spotlight/Coronovirus/ for the latest updates on DoD's response to COVID-19.

Military family information is regularly posted to: https://www.militaryonesource.mil/coronavirus Information for TRICARE beneficiaries is found at: https://www.tricare.mil/coronavirus

Texas Grandmother with Leg and Feet Problems Goes from Near Cripple to Walking Her Dog Daily

You don't have to suffer anymore. Doctors never tell you about these 7 natural herbs, yet millions of people in China have used them for relief of leg and feet problems for 3,000 years. In fact, they are guaranteed to relieve your problems and provide soothing comfort - or you pay nothing.

By Michael Plane — National Health Press

Mary Lentz of Plano, Texas suffered for over twenty years from leg and feet problems. Doctors prescribed one prescription drug after another. Then electrical stimulation. Then surgery. But after all these treatments – her legs and feet actually felt worse.

Mary was fed up with suffering. She took matters into her own hands. At wit's end, she discovered the best herbs for natural relief. She took them, and within just days, her leg and feet problems began to disappear. Now she walks her Golden Retriever Max every day (which she couldn't do before), works in her garden and regularly plays tennis with friends.

"If I kept listening to my doctors, I'd be a cripple today. I'd be in a wheelchair or in a nursing home. I am so thankful for these remarkable herbs."

Leg and feet problems could have been almost like a death sentence for Mary – and a shame for her suffering family. It is a terrible way to live out what should be the best year of your life.

Neuropathy is like a wildfire. It starts with a small flame, but then quickly turns into a raging fire in your feet that never stops. Left alone or treated in a way that doesn't work, it can lead to constant suffering – or even one of the 86,000 Americans who need a limb amputated each year according to the National Institutes of Health.



"I had so much pain from burning nerves in my feet I could barely move...but this makes it calm down so I can walk and sleep. I really love this stuff. Other pills didn't work. It stops the nerves from hurting so bad. It is amazing. Neuro-Flo lets me move and sleep pain-free. It is wonderful."

- Katerina King-Mccausland, Murrieta, CA

At Last - You Don't Have To Suffer Anymore

Here's why you have these problems: Your arteries have weakened. Your arteries can't carry enough blood, nutrients and oxygen down to your legs and feet. This damages your nerves and causes your burning, tingling and numbness.

The 7 herbs in the pill NeuroFlo strengthen your arteries that carry blood, nutrients and oxygen to your feet and legs. It improves your circulation so oxygenated blood goes to the nerves and repairs them. This makes your nerves grow stronger so your pain fades away and your legs and feet feel much younger again.

Until now, scientists could not combine all these herbs into one pill without losing their full potency, but finally, they have succeeded.

Dr. Ryan Shelton, M.D. says "This is new and different. It works for people who've tried many other things before. It is natural with no side effects. Don't give up hope for your leg and feet pain, burning, tingling and numbing. This pill is working for countless people after other treatments have failed them." From word-of-mouth, over 30,000 doses of this Chinese miracle have already been sold in America.

Instead of letting their doctors control their health with no real relief, people are taking this natural approach. They are staying active and independent as they age – and creating a bright future they are excited about, instead of fearing. Now you too can enjoy your best years yet.

Conventional Treatments All Wrong

In America, drugs and other OTC formulas try to superficially suppress the symptoms. This may be going after the problem completely wrong. Traditional Chinese Medicine (TCM) believes nerve problems are largely caused by stagnant blood circulation. This causes your legs and feet NOT to get enough oxygen-rich, nutrient-rich blood they need to heal. The ingredients in NeuroFlo get this crucial blood flowing to your legs and feet like a fast-running river stream so they can feel better fast.

Want proof? To show how important oxygenated blood flow is, hold your breath. Hold it too long and you'll pass out. This is what's happening to your feet and legs now -- they are not getting the oxygenated blood flow they need to feel healthy.

Now you can get a good night's sleep - peaceful, restful sleep - with no pain, tingling, zing-



Chinese herbs provide fast relief of leg and feet tingling, burning and numbness. They do this by improving the flow of blood, nutrients and oxygen to your legs and feet to repair damaged nerves.

ing, itching or zapping. Improve your balance and coordination. No side effects – safe to take with other medications. Enjoy your favorite activities and hobbies again. Be more active, have more fun, enjoy life more. Don't risk irreversible damage to your feet and hands. Don't get worse and wind up in the hospital or a nursing home.

Neuroflo is GUARANTEED to work great for you – or you PAY NOTHING with a 90-day unconditional money-back guarantee. It is NOT sold in stores or online. No prescription or doctor visit is required.

Special Offer For Our Readers

This is the official nationwide release of NeuroFlo in the United States. And so, the company is offering a special discount supply.

A Regional Order Hotline has been set up for local readers to call. This gives everyone an equal chance to try NeuroFlo. Starting at 7:00am today, the order hotline will be open.

All you have to do is call **TOLL-FREE 1-888-383-4821** and provide the operator with the special discount approval code: **NEF158**. The company will do the rest.

Important: Due to NeuroFlo's recent media exposure phone lines are often busy. If you call, and do not immediately get through, please be patient and call back.



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TREA Supports Concurrent Receipt Bills H.R. 5995/S. 3393

TREA has worked with Rep. Gus Bilirakis (FL) who introduced the Major Richard Star Act (H.R.5995) that would expand concurrent receipt eligibility for certain medically retired veterans seeking Combat Related Special Compensation. Sens. Jon Tester (MT) and Thom Tillis (NC) also recently introduced similar legislation (S.3393) in the Senate.

Currently, concurrent receipt is only eliminated for retirees who are rated 50% disabled or greater. Remaining to be approved are those who are 40% disabled and below, and those who were unable to complete 20 years of service due to service-connected injuries or illness.

TREA has long argued that retired pay and VA service-connected disability compensation are fundamentally different benefits, granted for different reasons. Military retired pay is an earned benefit for



Rep. Gus Bilirakis (FL-12), Tonya and Major Richard Starr and Deputy Director of Veterans & Military Policy Bill McCabe

vested years of service. Service-connected disability compensation is for injury. To deny retired pay because of a disability is an injustice.

TREA Supports H.R. 333, H.R. 303, and S. 208
TREA continues to work with Rep. Sanford Bishop (GA), in his sponsoring the Disabled Veterans Tax Termination Act (H.R.333), which is comprehensive concurrent receipt reform providing concurrent receipt to those who do not currently have it, including those with less than 20 years of service. Rep. Gus Bilirakis, (FL) has also introduced legislation (H.R.303) that extends Concurrent Retirement and Disability Payments (CRDP) eligibility to retirees rated less than 50 percent disabled. Additionally,

Senator Jon Tester (MT), has introduced legislation (S.208) similar to H.R.303 and achieves the same result of extending Concurrent Retirement and Disability Payments (CRDP) eligibility to retirees rated less than 50 percent disabled. **TREA urges its members to contact their Congressman and Senators to cosponsor all of these proposals.**

As Co-Chair of The Military Coalition's Retired Affairs Committee, please see the link for issues TREA and TMC are supporting for retiree benefits and services. https://themilitarycoalition.org/retire-daffairs-committee-goals.html/.

TREA Joins NMVA and Members of Congress on Behalf of Veteran Caregivers

TREA's Director of Veterans & Military Policy, Ken Greenberg is the Co-Director of The National Military & Veteran Alliance (NMVA), a nonpartisan umbrella organization of 35 veteran-and military-serving organizations. NMVA endorses H.R. 5701, the Care for the Veteran Caregiver Act of 2020. We have urged the earliest consideration by the House Veterans Affairs Committee, including a legislative hearing, markup and Committee vote. NMVA joined Representative Richard Hudson (NC) and Representative Kathleen



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Exceptional craftsmanship is at the forefront of this classically styled messenger bag crafted of durable canvas in khaki, with faux leather accents, webbing strap handles and an adjustable, removable padded shoulder strap. Front and center on the bag, you'll find the service branch emblem patch. On the front pocket is the service branch name and the year it was established along with antiqued metal stars and, at no additional cost the other pocket is personalized with your name, nickname or initials (up to 12 characters).

The stylish bag is ready to deliver with amazing versatility too, featuring two exterior flap pockets and an exterior slip pocket on the back, two inside slip pockets, an inside zip pocket, and an inside laptop pocket. Talk about always ready to serve... yes sir, it is!

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Rice (NY), who sponsored the bill, at a press conference alongside other VSO's, caregivers, and veterans. A video clip of the news conference follows:

https://www.facebook.com/RepRichHudson/videos/1450303455174324/

Hear TREA's Director Ken Greenberg address the conference - (time stamp of 9:20 – 10:45):

The Care for the Veteran Caregiver Act will fix these concerns. Specifically, the bill:

- Extends the stipend payments to and CHAMPVA eligibility for caregivers to at least 180 days after the death of an eligible veteran.
- Eliminates unnecessary and redundant re-evaluation requirements for veterans who require the most significant levels of care.
- Standardizes nationally the initial and annual eligibility evaluation process.

TREA urges its members to contact their Congressmen and Senators to cosponsor these proposals.

Director of Veterans & Military Policy Greenberg also provided comments to the Veterans' Family, Caregiver, and Survivor Advisory Committee on March 25th, 2020. TREA's comments focused on H.R. 5701 and the 3 concerns it addressed in the bullets noted above. In addition, a letter representing the support of 25 Veterans Service Organizations for H.R. 5701, was included in the public comments. The letter was sent to House Veterans Affairs Committee Chairman Takano and Ranking Member Roe urging the Committee to take swift action including a hearing, mark up and vote.

VA published a Notice of Proposal Rulemaking (NPRM) to expand its Program of Comprehensive Assistance for Family Caregivers (PCAFC) and ensure the program regulations reflect changes required by the VA MISSION Act of 2018. Under the MISSION Act, the Caregivers program is to expand to include pre 9/11 veterans. Published in the Federal Register on March 6th, 2020, public comments are due May 5th, 2020. VA will need to certify the IT system before expansion to pre 9/11 veterans begins.

H.R. 4305 – The Paws for Veterans Therapy Act

TREA is pleased to announce that our work with Congressman Steve Stivers (OH-15) to garner fur-



ther support for H.R. 4305 proved successful as it passed the House in February! As outlined in our last issue of the VOICE, the PAWS for Veterans Therapy Act would authorize a pilot program in which the Secretary of Veterans Affairs will partner with non-profit organizations who specialize in working with veterans and service dogs, especially those with PTSD. TREA continues to work with officials at VA and the National Academy of Sciences as they formalize more than five years of research that would ultimately give the Senate the nod on passing their own version. TREA is also looking

forward to participating in the National Association of Service Dog Providers Conference in July to continue our strong relationships with the Service Dog industry.

H.R. 6188 – Support for Our Military Working Dogs Act

TREA was proud to support Congressman John Garamendi (CA) and Congressman Andy Kim (NJ) as they introduced the "Support Our Military Working Dogs Act" (H.R.6188) in commemoration of National K9 Veterans Day 2020 last week. We worked hand in hand with Rep. Garamendi's staff to rollout the bill and look forward to garnering further support for the bill in the coming weeks.

Good News for Americans, Bad News for Pain Drugs.

Millions are expected to benefit from a new technology that's proven to relieve severe joint discomfort in a matter of days.

US- Several drug companies are expected to lose millions in sales as consumers have a new alternative to popular joint health products.

The alternative, a pill, was developed earlier this year by a private company in Seattle.

Using a new 8-million dollar technology, studies show it can relieve severe joint discomfort in just days.

And when compared to a leading prescription, this relief was stronger and longer lasting at the 30 day mark.

So what's the secret behind this new pill called VeraFlex? It's called immune modulation and it may be the biggest breakthrough we've had in years.

The Science Behind Relief

Research shows that the joint stiffness, soreness and discomfort associated with arthritis is caused by inflammation which attacks healthy cartilage and protective tissue.

And according to top medical professionals, this inflammation is caused by two inflammatory enzymes released by the body's immune system.

The active ingredients in *VeraFlex* help to block the production of these enzymes, resulting in a dramatic decreasing in swelling, inflammation, and discomfort.

Right now, the leading over-thecounter pills are only able to block one of these enzymes!

"VeraFlex users can generally expect more flexibility in three days...their joint pain alleviated in five days...and in just seven days, a tremendous improvement in overall joint function that may help them move like they did years prior" explains Dr. Liza Leal, developer and spokesperson for VeraFlex.

Piling on the Clinical Research

Remarkably, the key ingredient in *VeraFlex* is protected by 8 patents and is backed by over 8-million dollar in research. It's also been studied in two clinical trials.

In the first, 60 participants with rheumatoid arthritis and/ or osteoarthritis were randomly placed into four groups.

Two groups were given the patented ingredient in *VeraFlex*, one was given the drug Celecoxib, and the last group a

placebo. The results were monitored at 30, 60, and 90 days.

The data collected by researchers was stunning.

The groups taking the *VeraFlex* ingredient saw staggering improvements in arthritis symptoms such as flexibility, discomfort and function.

And even more astonishing they experienced a dramatic reduction in pain by the 30-day mark that was even better than Celecoxib, a powerful drug!

A second study was conducted to ensure the data was accurate and again the results participants experienced taking the *VeraFlex* compound blew away researchers.

This time it beat out the drug Naproxen. Shockingly, both men and women experienced a reduction in joint stiffness two days faster than when using Naproxen.

"I have to admit I was surprised when I read the initial findings" explains Leal. "But when you look at the science it just makes sense. It's going to change everything."

Faster Delivery, Maximum Absorption

VeraFlex is comprised of two patented ingredients: Univestin, a powerful immune modulator which blocks the enzymes which cause your joints to hurt and an absorption enhancer (accelerator) that ensures maximum potency.

Research shows that severe joint discomfort arises when the immune system goes haywire and releases COX and LOX into your blood stream, two enzymes that causes tremendous swelling and inflammation around cartilage and protective tissue.

Over time, this inflammation



This new technology is now encapsulated in this pill. It reprograms the body to block painful inflammation instead of creating it.

overwhelms the joint and it begins to deteriorate resulting in a daily battle with chronic pain.

Unfortunately, modern day pain pills are only able block only one of these enzymes, resulting in marginal relief and continued suffering.

The Univestin in *VeraFlex* is one of the only known substances which has been proven successful in blocking both enzymes, resulting in phenomenal relief from the worst kinds of discomfort.

The accelerator, a unique extract of aloe vera, maximizes the delivery of the plant based Univestin extract to every joint in the body because it is proven to improve nutrient absorption for maximum results.

Aloe Vera also is proven to support the body's immune system which manages inflammation, further supporting relief.

How to Claim a Free 3-Month Supply Of VeraFlex

Due to the enormous interest consumers have shown in *VeraFlex*, the company has decided to extend their nationwide savings event for a little while longer. Here's how it works...

Call the *VeraFlex* number and speak to a live person in the US. Callers will be greeted by a knowledgeable and friendly person approved to offer up to 3 FREE bottles of *VeraFlex* with your order. *VeraFlex's* Toll-Free number is 1-800-235-5446 Only a limited discounted supply of *Veraflex* is currently available.

the immune releases COX rent product inventory will have to wait until more becomes available and that could take weeks. They will also not be guaranteed any additional savings. The company advises not to wait. Call inflammation



Toxic Exposures in the American Military Coalition (TEAM)

TREA has been meeting with the TEAM Coalition biweekly since its inception in June of 2019. We have and continue to meet with members of the House and Senate to push our **comprehensive** healthcare eligibility legislation. We have also met with celeb-



rity Jon Stewart (former host of the Daily Show) to help shed more light on this critical issue and look forward to introducing the bill shortly.

In addition to our work with the TEAM Coalition, TREA is proud to support S.2950 "The Veterans Burn Pits Exposure Recognition Act." TREA thanks Senator Dan Sullivan (AK) and Senator Joe Manchin (WV) for introducing this important complimentary piece of legislation. Here is a quick hit card that explains some of the specifics of the bill:



Introduced by Senators Dan Sullivan (R-AK) and Joe Manchin (D-WV) in November 2019, the Veterans Burn Pit Exposure Recognition Act is a ground-breaking bill that addresses a barrier currently preventing many veterans from getting U.S. Department of Veteran Affairs (VA) healthcare and benefits from illnesses and diseases related to exposure to burn pits. The act would recognize and concede their exposure to toxic substances during deployed service.

THE CHALLENGE - From 2007 to November 2018 there have been 11,581 claims filed with the VA for benefits related to burn pit exposure; only 2,318 (20%) have been approved. Many have been rejected because of the lack of evidence of burn pit exposure.

Each VA claim related to burn pit exposure must include:

- 1. Medical evidence of a current disability
- 2. Evidence of burn pit exposure
- 3. Evidence of a link between the claimed disease/injury and the burn pit exposure.

The second step puts a very high burden of proof on the service member; each has to prove their own personal evidence that they were exposed to burn pits. To remedy this S.2950 'concedes' exposure based on time and place of deployment.

Example: A soldier at Bagram Air Base in 2012 would be considered exposed to a burn pit based on that deployment, since there were burn pits throughout Afghanistan at that time.

VA Suspends Debt Collections and Extends Benefit Deadline Extensions

VA announced on April 3rd, actions to provide Veterans with financial, benefit and claims help amid the COVID-19 crisis. The actions give those with pending debts, claims and appeals greater flexibility. The financial relief actions include the following until further notice:

- Suspending all actions on Veteran debts under the jurisdiction of the Treasury Department
- Suspending collection action or extending repayment terms on preexisting VA debts
- For benefit debts, contact the VA Debt Management Center at 1-800-827-0648
- For health care debts, contact the Health Resource Center at 1-888-827-4817





The benefits and claims relief actions include giving Veterans the option to submit their paperwork late for the following actions:

- Perfecting claims
- Challenging adverse decisions
- Submitting Notices of Disagreement
- Submitting Substantive Appeals
- Responding to Supplemental Statements of the Case

Veterans requesting claim extensions can simply submit them with any late-filed paperwork and Veterans do not have to proactively request an extension in advance. For added convenience, VA will also accept typed/digital signatures instead of wet signatures on its forms.

Those with questions can call 1-800-827-1000.

TREA'S LEGISLATIVE PRIORITIES FOR 2020 ARE:

Suicide Prevention and Mental Health: Including S.785 Commander Hannon Bill; TREA also supports and works with the PREVENTS Task Force on suicide and mental health issues.

EHRM Contract with Cerner: Hold VA accountable for the rollout planned in July in the Pacific North West, assure VA and DOD have interoperability so that VA and DOD records can be shared and clinicians can access records. Ensure the Interagency Program Office is properly staffed.

MISSION Act, Community Care Network, Urgent Care & Caregivers Expansion: TREA supports but has heard from veterans that care is not always available by a local provider. Urgent Care in many rural locations do not have an in-network provider. More details in Caregivers article.

Navy Blue Water Implementation: TREA is pleased VBA received funds in the 2020 appropriations bill to assist. Hold VBA accountable to issue decisions for these newly eligible veterans as quickly as possible. TREA also supports adding bladder cancer, hypothyroidism, "Parkinson-like symptoms" and hypertension to the list of Agent Orange presumptive conditions for disability benefits.

GI Bill: Hold VA accountable on processing Forever GI Bill benefits and be sure BAH issues are not repeated.

Toxic Exposure: Health Care eligibility and service-connected claims for those exposed to toxic chemicals and agents. TREA is a proud member of The Toxic Exposures in the American Military Coalition (TEAM) and has been actively working on legislation. More details in separate article.

Improve Services & Benefits to Women Veterans: TREA fully supports H.R.3224, the Deborah Sampson Act, and was pleased to see its passage in the House. TREA urges you to contact your Senators and ask them to pass the Deborah Sampson Act.

Reminder – the most current information can be found on TREA's Facebook and Twitter accounts as well as on TREA's Home Page under Legislative Updates www.trea.org/legislative/. This tab contains all Washington Weekly Updates beginning in January 2019 to present. If you are not receiving the updates, please provide an email address to legislativeinfo@trea.org or call HQ and provide an email by phone.





THE EXCHANGE IS A GREAT PLACE FOR **VETERANS TO SHOP—AND WORK**

The Exchange Is a Great Place for Veterans to Shop—and Work

All our Nation's service members are part of the Exchange family for life. That's why it's an honor for the Army & Air Force Exchange Service to continue to welcome back Veterans, both as shoppers and teammates.

The Exchange recently welcomed a special group of 4.1 million shoppers back to our military family. As of Jan. 1, all Veterans with a service-connected disability, Purple Heart recipients, former prisoners of war and certain family caregivers can shop in-store at the Exchange, as well as at the commissary and morale, welfare and recreation retail locations in the U.S. Find out more about the in-store patronage expansion at ShopMyExchange.com/Vets.

Like you, these heroes fought for us, sacrificed for our Nation and earned this benefit.

All honorably discharged Veterans can also shop the Exchange online, a benefit secured in 2017. Since then, Veteran shoppers have placed nearly 500,000 orders through ShopMyExchange.com, saving more than \$8 million in sales tax.

Another way the Exchange is serving those who have served is by extending career opportunities to every member of our military family. The Exchange is marching toward a goal to hire 50,000 Veterans and military spouses by 2020. Since 2013, more than 9,000 Veterans and 35,000 spouses have joined the Exchange team.

Many of our Veteran teammates joined the Exchange as a second career after retiring from the military. Today, Veterans make up 10% of the Exchange's workforce. If you or any Veteran you know is looking for career opportunities, visit ApplyMyExchange.com, where there are specific webpages for Veteran and military spouse applicants.

It is a privilege for the Exchange to serve our military community. Thank you for your selfless service and thank you for shopping your Exchange.

In response to the COVID-19 concerns, this update has been added:

The Exchange is working around the clock to meet significant increases in demand. In heavily affected areas, some merchandise may be subject to purchase limits. We continue to work in lockstep with store management and installation leadership to ensure timely delivery of products to our stores worldwide. The Exchange cares about the health and well-being of military communities and our associates. All customer service and sales points are disinfected multiple times daily. Restrooms are routinely cleaned and sanitized, and similar procedures are in place at all our theaters and mall stores.

Tom Shull Director/CEO

Provided by Tom Shull, a former infantry company commander, served as Military Assistant to Robert C. McFarlane, National Security Advisor to President Reagan. Currently, he is the Army & Air Force Exchange Service's Director/CEO and has served as CEO for retail and consumer packaged goods companies.





CLEARING UP THE CONFUSION WITH THE TREA LIFE INSURANCE POLICY

Debbie Osborne, Director of Operations

Many years ago, TREA members were given a free \$1,000 Accidental Life and Dismemberment insurance policy through a TREA partner. This insurance policy did not cost anything; it was a perk of TREA membership. That policy is no longer active. The company that offered that policy went out of business about 10 years ago. The bad news is you are not able to collect on that \$1,000. The good news is, you did not pay for the policy, so you did not lose anything.

Some TREA members opted to purchase a life insurance policy through one of our partners - Monumental Life. This policy is still active. Most of these policies are for \$50K, but some are for \$25K. If you have been paying premiums, your policy is good. If you want to call to verify, we have coordinated with a specific account rep at AmWins (the company that now manages the policy) to assist you. Please call 1-800-242-1991 and use extension 5953. This is a direct line to Account Rep Sergio, who has graciously agreed to take on all TREA inquiries. You can use the TREA account prefix of ADD 008178 to help him navigate the files and locate your individual policy. Of course you will have to provide personal information to verify your identity, but Sergio is on top of the issue and is providing up to date policy information to all TREA members who call in.

The bottom line is, if you paid for, or are paying on a policy – you can rest assured that your policy is still good. We hope that this clears up some of the confusion.

HAVE YOU MOVED? ARE YOU PLANNING ON MOVING SOON? HAVE YOU CHANGED YOUR PHONE NUMBER OR E-MAIL ADDRESS?

TREA has been working hard in Washington and we want to make sure that you don't miss any of our important updates and information.

Please take a minute to contact

TREA Headquarters (treahq@trea.org, 303-752-0660) to let them know of any changes to your membership information.





MAKING THE CHANGE

Debbie Osborne, Director for Operations

Change: verb: to make or become different.

The word alone, causes some of us to be wary, nervous, and concerned – this is because we tend to focus on the negative aspects that we think the change will bring. Many people resist change because they believe that they will lose something of value, or out of fear of not being able to adapt to the new changes. Even when it is known that change must occur, it is most often met with speculation and uncertainty. We are a convenient society - and change is not always easy. It usually requires work of some sort to make it happen. Work in the way of doing something different than what we are used to or perhaps it will involve having to learn something new (which may require work). Opposition to change can also stem from nothing but stubbornness. The desire to keep things the way they always have been – which everyone knows is not the proper or successful way to run any business or organization.

When done properly, change can be positive. It can, and in many cases will, advance you from where you were. It will help you achieve the next level and assist you in moving forward. Change is usually needed when something is not working to its full potential. How many times have you heard of someone changing something that was good? Typically, they don't. Change is needed to make things better.

This is certainly the case with the changes that TREA has made to its voting processes. TREA's bylaws required a registration fee be paid in order to cast a vote. At the 2019 Convention (now known as the Annual Membership Meeting), the members voted to allow for on-line and mail-in voting. This change opens the voting process to all TREA members, not just to those who pay for and attend the annual meeting. This is a big plus for the 25,000 TREA members across the country that for whatever reason were unable to attend the meeting in person.

TREA is a membership organization and all members have a say in how the organization is run. The members vote on Bylaws and Standing Rule changes as well as for individuals who are running for National Board positions.

Having all TREA members participate in the voting process is important as it should offer an overall sampling of the total membership's wants and wishes.

The IT committee has worked hard with Headquarters staff to ensure that the process will be simple and that all TREA members will be able to participate. This 'change' will be good for TREA and for you, the member.

TREA has contracted with an independent outside agency, Election-America, who specialize in election management. With over ten years of election management expertise, they conduct, supervise and execute elections across the country with efficiency and with maximum results. TREA will not receive any ballots or votes - all responses will be delivered directly to Election-America, through self-addressed envelopes (included in the August issue of The VOICE magazine) or through their voting portal, the TREA specific voting link will be published in the August issue of The VOICE. Here is how it will work:

For Board positions: In the August issue of The VOICE, the names of everyone running for a National

Office will be listed. Every candidate seeking a board position will have submitted a resume and a letter of recommendation (think of it as a seconding speech, if you will). Candidates running for the President position will be allowed two letters of recommendation. There will be links directing you to the TREA website



MAKING THE CHANGE (CONT.)

Debbie Osborne, Director for Operations

for detailed information on every candidate. Each position will have its own link, making it easy to navigate your way through the positions and those seeking to fill it.

For Bylaws & Standing Rules: There will be a brief description of the change and a link directing you to the TREA website for complete information on the proposed change.

Anyone who does not have access to a computer, can request a packet that contains this information by calling TREA Headquarters at 303-752-0660. We kindly ask that only those who truly do not have access to a computer request the physical packet as one of the major goals for not printing all the information in the first place is to be good stewards of the organization's funds.

Now the fun part – how to actually vote:

The first thing that you need to do is to look at the mailing label on the cover of the magazine. Above your name, will be a 7-digit number. This is not your membership number – this is your special 'Unique Personal Identifier', (UPI). You will need this number regardless of whether you send your vote in on-line or mail it in. Make note of this number and DO NOT share it with anyone. Doing so will give them the ability to vote under your name.

If you are voting on-line: There will be a link to a website that has been set up specifically for TREA. It will be simple, much like logging into the TREA website. Nothing fancy, nothing that will require special equipment or expertise. Once you log onto the voting website, you will enter your name and your UPI. The two must match. If they do not, you will not be able to continue on to the voting page - but don't worry, there will be a help desk number that you can call to help you out with any issues. Once your name and UPI have been verified, you will be automatically taken to the voting page. Once there, you will be able to see all the candidates running for National Office as well as all the proposed Bylaw & Standing Rule changes. For the board vote, you simply mark off the candidate that you want for the specific office. The system will limit you to the number of openings for each position – you cannot vote for more than is authorized. For Bylaw & Standing Rule changes, you will mark 'APPROVE' or "DO NOT APPROVE' for each submission. Once you are done answering all the questions, you will have the chance to review your selection. When you are satisfied with your selections, you will hit SUBMIT. It really will be that simple. The only thing is, once you hit SUBMIT, you will not be able to go back and make any changes so make sure that you are good with your selection before hitting SUBMIT.

You will only be able to vote once. If you try to log in a second time, it will state that you have already voted and it will not allow you to access the voting page.

If you are going to mail in your vote, you will use the ballot that is printed in the August issue of The VOICE magazine – mark the selections that you want, place a stamp on the envelope and drop it in the mail – it's that simple. Make sure that you enter your UPI on the envelope. Without this number to verify your current TREA membership status your vote will not be tallied.

Election-America will send a report to TREA at the conclusion of the voting period (scheduled to end at 5PM on September 15th) with final vote count.

The results will be read aloud at the end of the 1st Business Meeting of the Annual Membership Meeting. It really is that simple.



2020 ANNUAL MEMBERSHIP MEETING



The Bahia Resort, Mission Bay - San Diego, CA **September 15th – 17th, 2020**

The TREA National Board of Directors will be onsite at the Bahia Resort to hold the yearly membership meeting, previously known as the 'convention'.

The event was already scheduled to be downsized in an honest effort to save money. The added impact of COVID-19 made planning a large-scale event almost impossible.

Holding a meeting that is open to the entire TREA membership keeps us in compliance with TREA Bylaw, Article X, Section 1, Paragraph a. The meeting is being held in San Diego, as this is the location voted on by the delegates at the 2019 Convention (now called Annual Membership Meeting). We encourage all TREA members to attend this meeting, but we completely understand the concerns over the current health crisis.

The health and well-being of our members is our top priority and we strongly support every member's decision to do what is right for them and their family. Of course we would love to see everyone in San Diego in September, but we understand that many will not be able to make the trip. Even if you cannot attend in person, you can still be engaged through our on-line or mail-in voting process - see page 26for detailed information. Every Board position and all proposed Bylaw and Standing Rule changes will be put out for vote. Make sure that you check our website (www.trea.org) frequently for updates --things are changing fast these days and we are working hard to make sure that we pass on the latest information, on the Nation, on COVID-19 and of course the Annual Membership Meeting.



2020 ANNUAL MEMBERSHIP MEETING

IMPORTANT INFORMATION

Schedule

Tuesday, September 15th: TREA BOD Precon, virtual store, 5PM deadline for on-line voting Wednesday, September 16th: TREA 1st Business Meeting, voting results announced Thursday, September 17th: TREA 2nd Business Meeting and installation of new Board Members

<u>Cost:</u> ZERO, no really – there is no cost to attend the meeting. All meals and social events will be independent and on-your-own. The hotel has a nice full dining restaurant as well as an indoor/outdoor Grill & Bar onsite.



The hotel is only 4 blocks from the boardwalk and beach, which provide an array of different food choices.



Room Rates: TREA currently has a limited number of garden view rooms available for \$169 (plus tax). If you want to take advantage of TREA's discount, call National Headquarters (303-752-0660) to secure your room. These are available on a first come basis. Payment to TREA is required via credit card. You can call the hotel directly to make your own reservations. Their advertised rate is \$228 (plus tax, includes resort fee).











The Bahia Resort is located just 8 miles from San Diego Airport, making it a simple and cheap, \$14.00 UBER ride. Onsite parking is free.

The Resort offers many guest room options; Garden View, East and West Bay View, East and West Bayfront, single level bungalows & multi-level hotel style buildings. It is an expansive property. If you have special lodging needs (floor level, elevator building, limited walking, etc.) make sure that you explain that upon making your reservation with the hotel. The property has a large pool – with full bar service, a massive 24-person hot tub, a workout room/gym and a beach store where snacks, gifts and sundries can be purchased.

Enjoy peaceful walks in the sand along the bay or venture 'inland' and through the lush jungle garden area, complete with gazebo and duck pond.

At night, relax on the beachside cabana chairbeds or sit by one of the many fire pits with friends.

Mission Bay offers 27 miles of meandering shoreline, with a variety of waterways, inlets and islets to ex-



plore. It is bordered by several beach communities, each with their own distinct vibe. Grab a bike or scooter (available for rent from the Bahia Property) and explore the Mission Bay community -



or, rent a boat (power or sail) and have fun in the bay. Paddle boarding is a great form of exercise, especially for those 'core' muscles – and when 'the work' is over, jump off into the cooling waters.

If Mission Bay sounds familiar to you, it should. It is the home of the famous SEAWORLD SAN DIEGO. You can even see parts of the park from the top floor of the tower building. Perhaps you can plan to stay an extra day and visit the marine life that SeaWorld is so famous for. If you do, make sure that you check out MWR for discounted tickets.

A 10-minute walk from the property will get your toes in the sand of the Pacific Ocean. Along the way you pass many 'beachy' food, drink and shopping establishments. No shortage of options here.

Mission Beach also provides a 3-mile oceanfront boardwalk and the iconic Belmont Amusement Park.



Need a car for - but still worth seeing:

Located a short drive off the property is **SUNSET CLIFFS** and **SUNSET CLIFFS NATURAL PARK**. A 68-acre recreational area that extends 1-1/2 miles along the Point Loma peninsula's western shoreline and features park lands, dramatic cliff formations and coastal sea caves. Sunset Cliffs lives up to its name and has long served as an attraction for San Diego residents, as well as visitors, who gather on the cliffs each dusk to watch the most amazing sunsets you'll ever see.



USS MIDWAY – If you are in San Diego, this is a must. No excuses. Military entrance fee of only \$10.00 (regular entrance fee is \$26). Located in downtown San Diego, the USS Midway (Museum) was America's longest-serving aircraft carrier of the 20th century. Today, the interactive museum is an unforgettable adventure for the entire family as guests walk in the footsteps of the 225,000 young men who served on Midway. It is literally a floating city at sea. Visit the amazing flight deck and its

29 restored aircraft, flight simulators, and get inspired in the Battle of Midway Theater, included with admission. Admission also includes a self-guided audio tour narrated by Midway sailors in several languages. Visiting Midway is a once-in-a-lifetime experience that should not be missed. Just a few steps away from the USS Midway is the famous 'Kissing Statue' and the Bob Hope Memorial.

CORONADO ISLAND and NAVAL BASE— getting over the Bridge is not for the faint of heart — hold your breath and just drive — it's worth it in the end. An eclectic town that offers a little bit of everything. From eccentric self-pampering at the iconic Hotel del Coronado, to the quaint galleries and boutiques of downtown to the must see beaches. Rated best beach in the country in 2012, Coronado's Central beach is, in a word, breathtaking. It makes even non-beachy people a little jealous — it's OK to admit it. Naval Base Coronado (NBC) is a consolidated Navy installation that encompasses eight military facilities and covers 57,000 acres. Unequalled in operational scope and complexity, NBC provides a shore-based platform for helicopters, aircraft carriers, SEAL Teams and other ashore and afloat commands for access to a comprehensive quantity of ground, sea, air, and undersea operational and training space.

OLD TOWN - is the historic heart of San Diego. Created in 1769, Old Town San Diego was California's first settlement with only a mission and a fort. Indulge in authentic Mexican food at one of the many restaurants or dance to the strolling mariachis. Take a tour of a haunted building and spend a day at one of the many museums. Old Town is the place to celebrate San Diego's heritage, and bask in early California ambiance.

FORT ROSECRANS NATIONAL CEMETERY — Awe-inspiring is the only word that can be used to describe this National Cemetery. What it lacks in scale, especially when compared to magnitude of Arlington National Cemetery in Virginia, it more than makes up for in simple beauty. The magnificent cliffs that fade into the Pacific Ocean, create the perfect serene backdrop for the 101, 079 service members who now call this place home.

SAN DIEGO ZOO – This world famous non-profit wildlife sanctuary is home to more than 3,500 rare and endangered animals representing more than 650 species and sub species and a prominent botanical collection with more than 700,000 exotic plants. Less than 30 minutes from the Bahia property, the San Diego Zoo offers up the opportunity to get a little wild --- on the safe side.



MARINE CORPS RECRUIT DEPOT - Over 1 million recruits have been trained at this location - a feat to be proud of for sure. Fox Company 2nd Recruitment Training Battalion is scheduled to graduate from here on Friday, September 18th. This ceremony is open to the public. This could be something worth seeing – the next generation of soldiers taking their place in the ranks.



Please note – As the world navigates the ongoing COVID-19 pandemic, we at TREA, the Board and the staff are doing the same. We are staying focused and positive and are hoping for a well turned-out Membership Meeting in San Diego. While we are doing everything that we can to ensure an enjoyable time for you in San Diego, there is still much that is not known in regards to COVID-19. All information is presented as of April 6th and is subject to change as the country and the world adjusts to this unknown environment.

WE NEED YOU

TREA has spent the last 57 years supporting and assisting veterans. Through our combined programs, we have provided more than 2 million dollars in financial aid, scholarships, disaster and holiday assistance to thousands of veterans, active duty, retired and their families. We have fought endlessly to protect your earned benefits.

TREA is on the front lines winning:

- * Securing the elimination of the SBD-DIC offset;
- * Winning pay raised for uniformed services in last two years;
- * securing passage of Navy Blue Water Vietnam Veterans Act;
- * securing nonprofit inclusion in COVID-19 Stimulus Act & that veterans receive their stimulus checks;
- * winning VA & DOD funding in COVID-19 stimulus Act to fund services to veterans and retirees; and
- * winning an expanded Caregivers Program under the MISSION Act for pre-p/11 eligible veterans.

TREA continues fighting:

- * by lobbying for full and incremental concurrent receipt for all VA related disabled retireed:
- * by assuring Congress continues to fund VA and DOD during and after the COVID-19 crisis;
- * by lobbying to prevent increases in TRICARE premiums and co-pays

The current COVID-19 health crisis has had a tremendous negative impact on our fundraising efforts. Not just us, all non-profits have been severely affected by this world-wide pandemic.

TREA vows to continue our fight for you and ask that you continue your support of us.

We know things are uncertain, and we do not want anyone to do anything that they are not comfortably able to – but if you are able, please remember us, our accomplishments and our goals.

You can send a donation check to TREA - 12200 E. Briarwood Ave, #250 - Centennial, CO 80112 or call us to donate via credit card.

You can also request to be set up for automatic monthly, quarterly and yearly donations.

Your faith and trust keeps us motivated and your donations allows us to fight harder for you and your family.

Thank you for your support yesterday and we ask for your support for tomorrow. (All donations are tax deductible.)



A NOTE FROM THE AUXILIARY PRESIDENT -

Pat Winds



To Our Auxiliary Families, greeting to each of you!

This has really become a rapidly moving time; I cannot believe that as of September 2020 two years will go by for me as President of the National Auxiliary. What an exciting and engaging time this has been and I am proud to have held this position, yet I look forward to seeing a new group of auxiliary members moving into positions on the auxiliary board that will keep our organization moving forward.

With the urgency of the COVID19 (Coronavirus) affecting our nation and world with the uncertainties of health, travel and finances, TREA and the Auxiliary are addressing our concerns with how we move forward with our scheduled Annual Membership Meeting (Convention) that is currently scheduled in San

Diego, CA, in September 2020. As of March, the Convention Planning Committee along with TREA and the Auxiliary Board is in the process of discussing alternative plans on how and when our meetings will take place. We are brainstorming not only the location but other means of technology that can join us together to facilitate our mission and Membership Meeting. As new and updated information is presented and agreed upon by the Convention Planning Committee, TREA and Auxiliary; we will provide information as soon as possible. Please read e-mails and refer to the "TREA.org" website for updated information.

Business must go on and with this pandemic that we are facing should not keep us from addressing the mission and needs of the Auxiliary. We will continue to look for a few good "WOMEN" who are ready and willing to keep TREA and the Auxiliary advancing by becoming movers and shakers that get things done, for the sake of the men and women who strongly gave their lives to honor, support and protect our Nation. We are a group that still holds strong to our slogan "United We Stand." Our Military organizations and representatives are strong people who represent us, our communities and support our national and local governments. We are a proud group of people who do not hesitate to rise up to the call of duty.

TREA and the Auxiliary are one of many grand Military organizations that not only support our military families we offer support to other groups that are in need. Yes, we do look to our military families when offering scholarships and financial supplements through our Widow Endowment and Benevolence Funds. However, we offer so much more to public assistance and community services. Basically what I am saying is that we are an organization that is willing and ready to lend a helping hand, to our extended communities.

With this being an election year not only for our Nation (DON'T FORGET TO VOTE IN THE NATIONAL ELECTION) it is also for TREA and the Auxiliary. This is an important time for us to make a difference in the future of the Auxiliary. We would like to continue with our elections in September 2020 during our Business Meeting. As stated above, we are looking for a few good "Women" that are ready and willing to keep



our organization moving forward. But, let me reframe that statement. Did you know that MEN can also become members of the Auxiliary, and can become members of the Board of Directors? If you want to make a difference why don't you consider becoming a member of the BOD or offer your service to a committee?

This Fall we will be electing a President, Vice President, Treasurer and three board members. We will also appoint a Secretary and Parliamentarian. This will be a new board, with new visions, views and insights that will be valuable and invigorating. Can you see yourself as part of this group? Please take a moment and think about how you can make a difference as you help further the growth and development of the Auxiliary.

I have two favors of you to request; first please keep safe and well, and second, please consider submitting your resume for a position on the Auxiliary National Board of Directors if possible.

Resumes may be submitted on "TREA Auxiliary Form 100-3A Resume of Candidate for Elective Office". This form is located on the TREA.org website under National Auxiliary. Please complete and submit your resume to: Mrs. Annette Harris, Nominating Chairperson at: harrisa@gmail.com or mail to Annette Harris 4863 Scranton Street, Denver, CO 80239. Please submit your resumes by June 30, 2020. For additional information please contact me at pmitch2121@gmail.com or by phone at 720-224-8415.

WEF/Benevolent: A reminder that The Widow(er) Endowment Funds/Benevolent (WEF) is still offering services to members of TREA Auxiliary. As stated in the Auxiliary Membership brochure, the WEF program provides help to members in need who are without the financial assistance of a living spouse. It helps military widows and survivors in need to obtain the quality of life necessities, such as medical equipment and supplies, dental, hearing and vision care.

The Benevolent Fund makes difficult times a little easier for our members. The fund can provide financial relief in a caring, confidential, and respectful manner to members facing extreme illness, catastrophic acts of nature, or other loss, and who have limited or no resources with which to handle such catastrophic occurrences. For more information please see the Auxiliary Membership Brochure or contact PNP Irmgard Cates, Chairperson of the WEF/Benevolent Committee at: irmy@comcast.net

Sadly, as I close, I would like to pay recognition to the loss of Past National President (PNP) Kay Claman of Chapter 1, Colorado Springs, Co. Kay served the Auxiliary in several positions over the years. She truly was a strong supporter of the Auxiliary and we will certainly miss her.

We also lost PNP Sandy Ott, who passed away on March 17, 2020. We were shocked and saddened to hear of her passing. Sandy was a Past National President, who was outstanding and a committed, dedicated member of the auxiliary. She was a member of Chapter 29, Rapid City, SD.

Take care of yourselves and be blessed. Sincerely,

Pat Winds
National Auxiliary President
United We Stand





A MESSAGE FROM THE AUXILIARY CHAPLAIN

Hello members, I hope all is well and everyone is enjoying the start of our Spring of 2020. I know that I am enjoying the spring weather here in Goodyear, Arizona. I would like to speak on the subject, "Pursuit of Happiness." I think this is something worth exploring and defining. America is founded on a system that allows their citizens to pursue achievement and happiness with freedom and honor. Our founding Father, Thomas Jefferson famously included the phrase, 'pursuit of happiness' in the U.S. Declaration of Independence as a human right. By that definition, happiness is therefore a fundamental truth and a human right that should be pursued until one's dying breath. Seeing that happiness is a state of mind, a person must always

convince themselves to be happy despite the challenges they might be facing. You must expect and affirm your happiness each day. This can be achieved by meditating, praying, doing yoga, exercising, reciting positive affirmations, and assessing your state of mind constantly. An accurate account of pursuing happiness is by doing to others as we wish done unto us. This I personally try to achieve each day.

Showing kindness, forgiveness, and other complementary virtues all give us a sense of peace and joy. These actions help us to be grateful and appreciate the little things in life. We should try to lose our focus on the negativity that is accompanied by the pursuit of happiness. Some of these things include pending bills, car loans, mortgages, relationship issues, and even health issues. The more we focus on them, the more they feed away on our happiness. We should also meditate on the things that give us happiness and even share them with our friends and family. Remember, the pursuit of happiness is a right that we get to enjoy at our pleasure.

The truth is, we can achieve happiness and enjoy it every single day. Happiness is not an end goal, but the culmination of our thoughts and attitudes towards life crazy cycles of joy and sadness. Make it a habit to be grateful every day and stay positive. Be grateful for the people in your life, the friends keeping you company and the family that is more loyal to you than you might notice.

Planning our life's journey and utilizing an attitude of positive pursuits include such activities as picking out a hobby, visiting amusement parks, going to movie theaters for an enjoyable time, or simply traveling. Find whatever gives you purpose and pursue it without restrictions and permissions. Be willing to build happy relationships and friendships based on similar characteristics and mutual love from each other. Lastly, find positive affirmations that keep you connected to your inner strengths. Until next time, God bless each one of you out there.

TREA National Auxiliary Chaplain Barbara Coley



THE SENIOR CITIZENS LEAGUE - DID YOU KNOW?

From: Richard Delaney, Chairman



Did you know the very first Social Security Cost of Living Adjustment (COLA) was a whopping 77%? No, you read that right, this is not a typo. It became payable in 1950, a full ten years after Ida May Fuller received the nation's very first Social Security benefit check for \$22.54 — the equivalent of \$420.90 today. The more you learn about the COLA, the more the anemic annual boosts of our past decade raises questions.

Social Security beneficiaries this year received a cost-ofliving adjustment of just 1.6%. For many, that isn't enough

to keep up with healthcare costs, let alone items like homeowners and auto insurance or rising real estate taxes. That leaves retirees digging deeper into savings — if they have any, or — going deeper into debt.

From 1950 through 1974, Social Security benefits were increased 11 times through separate pieces of ad hoc legislation at irregular intervals. The increases varied just as they do today but averaged 8% per year over the 24-year period although there were long lapses between COLAs during some periods.

COLAs became automatic with the one that became payable on July 1, 1975 and continued to average 8.7% annually from 1975 through 1982. Then the bottom seemed to fall out. From 1983 through 2009 COLAs averaged 3.1%. From 2010 to 2020 COLAs have averaged just 1.4%.

We may never know the full details, but what we do know is that government economists at the Bureau of Labor Statistics (BLS) changed the way they measured price changes. The Consumer Price Index Handbook of the Bureau of Labor Statistics contains an extensive list of ongoing changes to their methodology in measuring price change. Since the 1980s the BLS has implemented 30 changes, and many of those changes reduce the measured rate of inflation. That in turn means slower growth in Social Security benefits over time.

Not only has our government changed the way inflation is measured, and thus reduced Social Security benefits, they accomplished this without a single vote by our elected lawmakers. Congress has ducked their responsibility by leaving the job of tinkering with the math to unelected economists, leaving voters with no opportunity to hold anyone accountable.

Government economists not only changed the math, they changed the underlying concept of the consumer price index (CPI) itself. While the CPI formerly measured price changes of a fixed market basket of items from one period to the next (a concept that has been in use since the early 1700s), today the Bureau of Labor Statistics uses formulas more consistent with a theoretical cost-of-living (COLA) concept. And because it is theoretical, it uses estimates and produces data (in at least one of the indexes) that is subject to two revisions.



THE SENIOR CITIZENS LEAGUE - DID YOU KNOW?

From: Richard Delaney, Chairman

The Social Security COLA was intended to protect the buying power of older Americans who for the most part, are no longer in the workforce. The majority of retirees depend on Social Security for at least half of their income, meaning that Social Security benefits tend to be spent immediately on essentials like housing, food, and healthcare returning billions of dollars to the U.S. economy every year.

The Senior Citizens League supports legislation that would provide a modest boost in benefits for all retirees and would strengthen the annual COLA by tying the annual boost to the Consumer Price Index for Elderly Consumers. The League's surveys have also found strong support among older Americans for legislation that would guarantee that the annual COLA boost would be no less than 3 percent.

With hundreds of thousands of supporters, The Senior Citizens League is one of the nation's largest nonpartisan seniors groups. Its mission is to promote and assist members and supporters, to educate and alert senior citizens about their rights and freedoms as U.S. Citizens, and to protect and defend the benefits senior citizens have earned and paid for. The Senior Citizens League is a proud affiliate of The Retired Enlisted Association. Visit www.SeniorsLeague.org for more information.

- TEAM TSCL -SEEKING CANDIDATES FOR ITS BOARD OF TRUSTEES

Requirements: Candidates must have been a member of TREA for at least three years and be at least 18 years of age.

No elected member of TREA or TREA National Auxiliary Boards of Directors may serve concurrently as a Trustee (except The Treasurer, who shall be exempt from all other qualifications).

Current TSCL Board Members will select two of the best qualified applicants and then ask TREAs Board to appoint the selected applicants to TSCL's Board at TREAs National Annual Business Meeting. The Chairman will then assign board members to the positions of Vice-Chairman, Secretary, and Legislative Liaison.

Since 1993 TSCL has faithfully contributed to, and worked with, TREA to promote TREA's mission alongside its own in the belief that TOGETHER WE CAN MAKE A DIFFERENCE!

ATTENTION TREA MEMBERS

Candidates do not have to be present to be considered or selected.

Interested TREA members should submit resumes on TREA Form 100-3, located on TREAs website under Resources/Forms & Documents.
Resumes will be accepted until the day prior to TSCL's business meeting at TREAs National Membership meeting in September 2020 in San Diego, California.

Term Length: 3 Years.

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Send Resumes or Questions to:

Shannon Benton Executive Director sbenton@tsclhq.org 800-333-8725

Rick Delaney Chairman rjdtrea@gmail.com 800-333-8725

CHAPTER 16 - SALINA, KS

Photo right: February 14th, 2020 Meeting - Guest Speaker Loni Pruitt (right), Chief Operations Officer, CKF Addiction Treatment in Salina, received a chapter certificate of appreciation from chapter president Fred Fanning (left). L. Pruitt stated that the CFK agency is a non profit specializing in the treatment of alcohol, drug and OPIOID use disorders to adults and youth. The Agency offers telehealth services to 65 counties in Kansas via ZOOM service to clients unable to travel to a service location.



Photo below left: Standing (L-R) receiving a chapter officer name tag of the newly elected 2020-Chapter 16 Officers: President Fred Fanning (Army Veteran), Vice-President Gary Keil (Army Veteran), Treasurer Roger Thull (Army National Guard Veteran). Observing is reelected Secretary William Vinyard (Air Force Retiree).







Photo above center: Former President Trow (left) and new President Fred Fanning (right) present a monetary donation check to Rosie Walter (center), Director of Salina's Senior Services. The donation was for the Senior Center staff's providing impressive service when the chapter held its monthly membership meetings at the Senior Center.

Photo above right: New Chapter Treasurer Roger Thull (L) present a Chapter Certificate of Appreciation to Guest Speaker Amber Shippy, Friend to Friend America. Shippy spoke about the Friend to Friend mission, which is to end loneliness in the lives of seniors, one senior at a time. Friend to Friend America recruits and trains volunteers in the community to visit lonely and isolated seniors.

CHAPTER 39 - AURORA, CO

Our apologies to Chapter 39, this information was submitted for publication in the previous issue

(Winter 2020) and it did not make it.

Chapter members Roger Tackitt (1st VP) (right) and Christine Johnson (3rd VP) (right left) attended the Wreaths Across America Project at Fort Logan to help lay down wreaths of those that are interred there







CHAPTER 39 - AURORA, CO (CONT.)



TREA Chapter 39 attending the 25th Annual Aurora Veterans Salute at Wings Over the Rockies

Chapter 39 held their Anniversary dinner on February 8th. This event was well attended by Chapter members and guests, including several local board members and HQ staff.



CHAPTER 72 - PITTSBURGH, PA

The Chapter 72 annual Christmas party was held on December 14, 2019, at the Club Cargo Bay Lounge, Air National Guard. A good-sized crowd was in attendance to hear TREA National President, Philip Hilinski, US Army Retired, speak on national TREA concerns and activities. The other highlight of the day was the presentation from the Allegheny (PA) County Council, recognizing TREA for enhancing the quality of life of retired military personnel and their families. After the formalities, dinner, games, and a visit from Santa Claus [Harry Blackwell] were enjoyed by all.



(photo above): Chapter 72 members enjoy the Christmas party with TREA National President Hilinski and his wife, Judith



Edward Scotts, Ann Marie Carffaro Ernest Rivers, Jerry Coleman, Teresann Whitfield, Myrna Burns



Nancy and Tom Smith (front), Michael Dorish, Richard Korppen, Aaron Johnson, Ronald Wallace (Photo above)

(Photo below): Santa (Chapter 72 President, Harry Blackwell) present a gift to TREA National President Phil Hilinski



CHAPTER 76 – SHEBOYGAN FALLS, WI





CHAPTER 80 – SAN ANTONIO, TX

Chapter 80 held its Christmas Luncheon on December 18, 2019. Twenty-six members and guests attended (photo right)

Members of Chapter 80 present Valentine cards to patients at the Audi Murphy VA Hospital. Cards were made by elementary school in the San Antonio area. (photo below left)

(Photo below right) Captain America at the VA salute. (L-R): Don Higginbotham , Elaine Moreland, James and Juanita Higginbotham.









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Chapter 126 (New York)

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UPDATING YOUR MEMBERSHIP INFORMATION

Did you know that you can update your mailing address on the TREA Website? Did you know that you can update your phone number and email address also? Lots of updates to the website have been done recently and we invite you to check them out!

HERE IS HOW YOU DO IT:

STEP 1: Look for "Attention Members!" Then "Click Here" Put in email address and if it is found click on "This is Me" If your email address is not found please contact us at 303-752-0660 or 800-338-9337 or go to the "Contact US" link on the home page and send us an email with all of your information and we will add your email address to our database within 48 business hours.

STEP 2: If and when your email is in the database then you will click on "Forgot User Name". Your user name is always your email address.

A box will appear called "Retrieve User Name". Put in your email address.

A message will be sent to that email address (BE SURE TO CHECK YOUR JUNK FOLDER IF IT DOES NOT APPEAR IN YOUR INBOX). There will be a link that you will have to click on (or copy and paste into the URL search field), this link is only active for a limited time so check right away. When you have activated the link it will automatically redirect you back to the log in on the TREA website. Continue logging in by going to the top right corner where it says "Sign In" and you will see your membership page with your personal information. You, as a TREA member, will be able to update your address, phone #, email address, add a photo, etc. Only you have access to this page once your personal account is created. Any updates to address, phone, email will take 48 hours to be updated.



MEMBERSHIP APPLICATION

• **Regular Membership:** Any honorably discharged enlisted person – retired, active duty, National Guard or Reserve, or the spouse of an honorably discharged enlisted person - retired, active duty, National Guard or Reserve shall be eligible for regular membership. Regular membership entitles the member to all privileges of membership including attending the Annual Membership Meeting, making motions and holding office.

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TREA: The Enlisted Association - 12200 E. Briarwood Ave, Suite 250 - Centennial, CO 80112 303-752-0660 800-338-9337 www.trea.org



TREA CELEBRATES ALL OF THE BRAVE MEN & WOMEN WHO SERVED THE UNITED STATES